



WOLF STUDIOS
Winter 2009-2010
952-544-6877
www.wolfstudios.org



| Monday 8am-9pm | Tuesday 8am-9pm | Wednesday 8am-9pm | Thursday 8am-9pm | Friday 8am-8pm | Saturday 9am-7pm | Sunday 10am-7pm |
|------------------------------|-------------------------------|-----------------------------|-------------------------------|--------------------------|----------------------------|---------------------------------|
| HATHA YOGA 9-10am | | | | | EAD 9:30-11am | 3D TAE KWON DO 10-10:40am |
| | | | | | WOLVES DEN 10:30-12pm | 3D TAE KWON DO 10:45-11:25am |
| WOLVES DEN 12-1pm | | WOLVES DEN 12-1pm | | WOLVES DEN 12-1pm | | 3D TAE KWON DO 11:30-12:10pm |
| | | CUBAN SALSA 12-1pm | | CUBAN SALSA 12-1pm | | 3D TAE KWON DO 12:15-12:55pm |
| BOXING 1-2pm | | BOXING 1-2pm | | | | |
| | | | | | | HATHA YOGA 1:30-2:30pm |
| | HATHA YOGA 5-6pm | | PRIVATE EAD 4:30-5:30pm | | | WOLVES DEN (MMA) 3-4pm |
| | WOLVES DEN (MMA) 6-7pm | | | | | SPARRING 4-5pm |
| | 3D TAE KWON DO 6:30-7:10pm | | WOLVES DEN (MMA) 6-7pm | | | |
| EAD 6-7pm | WOLVES DEN 7-8:30pm | | 3D TAE KWON DO 6:30-7:10pm | | | |
| STRIP FITNESS 6:30-7:30pm | SPARRING 7-8:30pm | EAD 6-7pm | WOLVES DEN 7-8:30pm | | | |
| ADVANCED EAD 7-8pm | 3D TAE KWON DO 7:15-7:55pm | ADVANCED EAD 7-8pm | SPARRING 7-8:30pm | CUBAN SALSA 7-8pm | | |
| | | | ADVANCED EAD 8-9pm | | | |